

# MCST MENU

## CALENDAR YEAR 2025-2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	MAC & CHEESE CARROTS	TERIYAKI CHICKEN FRIED RICE STIRFRY VEG	SHEPHERD'S PIE  DINNER ROLL	PORK CARNITAS BURRITO SALSA SOUR CREAM	ROAST TURKEY W/ GRAVY STUFFING MASHED POTATO SQUASH
<b>WEEK 2</b>	PASTA W/ MEAT SAUCE VEG GARLIC BREAD	CHICKEN PARMESAN SUB	BEEF STEW W/ VEGETABLES ROLL	BEAN AND CHEESE BURRITO SALSA SOUR CREAM	HADDOCK SANDWICH TARTAR SAUCE
<b>WEEK 3</b>	CHICKEN PASTA ALFREDO BROCCOLI BREADSTICK	STEAK AND CHEESE SUB	POT ROAST W/ GRAVY MASHED POTATOES GREEN BEANS	SPICY CHICKEN TENDERS ONION RINGS	MEATBALL SUB SANDWICH W/ CHEESE
<b>WEEK 4</b>	STUFFED SHELLS MARINARA MIXED VEG GARLIC BREAD	BBQ PULLED PORK SANDWICH	CHEESE LASAGNA BREAD STICK	CHICKEN AND VEG NACHOS SALSA SOUR CREAM	MEATLOAF ROASTED POTATOES CORN

**Always Available Breakfast and Lunch Items:**

Assorted Whole Grain Items, Yogurt and Fruit Parfait w/ Granola / Assorted Fresh Fruits / Cheese Sticks Fruit Cups; Assorted Whole Fresh Fruits

**EVERYDAY LUNCH ADDITIONAL OPTIONS**

**HOT ITEMS:** Cheeseburgers/Chickenburgers/ Assorted Pizza Flavors/ Fries

**CRUDITE:** Carrots w/ Ranch / Hummus; Celery w/ Ranch / Peanut Butter / Hummus; Cucumbers w/ Ranch/ Hummus

**SALADS:** Chef Salad / Chicken Caesar / Garden

**WRAPS:** Ham and Turkey / Chicken Bacon Ranch / Ham, Provolone, Salami, Pepperoni / Hummus w/ Veggies,  
Peanut Butter and Jelly Sandwich

**HOT MENU ENTREES WILL BE SUBSTITUTED AND SUBJECT TO CHANGE DUE TO AVAILABILITY**

**BREAKFAST WILL INCLUDE:**

Bacon or Sausage Egg and Cheese Croissants, Cheese and Egg Croissants

Assorted Breakfast Potato Options, Assorted Breakfast Baked Goods