



Mid-Coast Pre-Screening Checklist for Covid-19 symptoms

Updated: 8/20/2021

Regardless of your vaccination status, if you answer “yes” to any the following question, please **stay home** and have a parent/guardian call the school:

In the last 48 hours, have you experienced any of the following symptoms?

Most Common Symptoms (one of these)	Less Common Symptoms (or two or more of these)
<ul style="list-style-type: none">● Cough● Shortness of breath● Difficulty breathing● Fever (100.4°F or greater)● Chills● Sore throat● New loss of taste or smell	<ul style="list-style-type: none">● Muscle pain● Nausea or vomiting● Diarrhea● Fatigue● Headache● Congestion/runny nose

In order to return to school, one of the following must be met:

1. Present a clearance note from your healthcare provider and be symptom free for 24 hours without the use of medication.
OR
2. Be symptom free for 24 hours without the use of medication and present a recent negative Covid-19 test result.
OR
3. If you choose not to contact your provider, the student must meet the Maine DOE and CDC criteria of being 10 days since the start of symptoms, 24 hours fever free (less than 100.4°F) without the use of fever reducing medications, and have improved symptoms.